



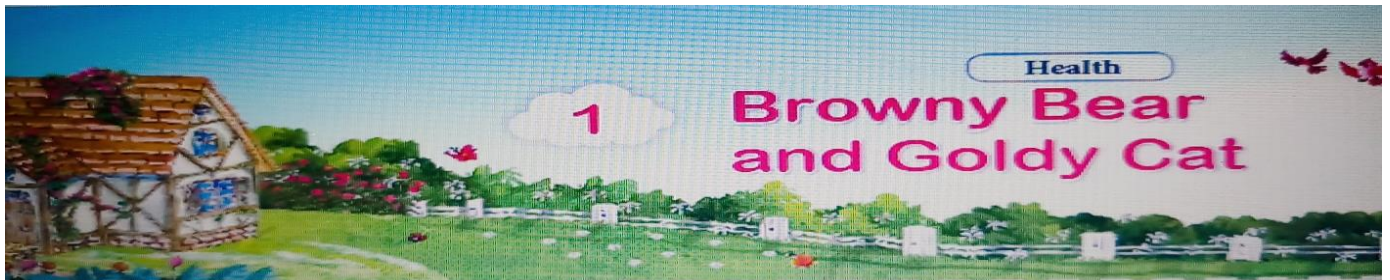
English

L-1 Brownny Bear and Goldy(2)

Date _____

Grade : I

Learner's Name: _____

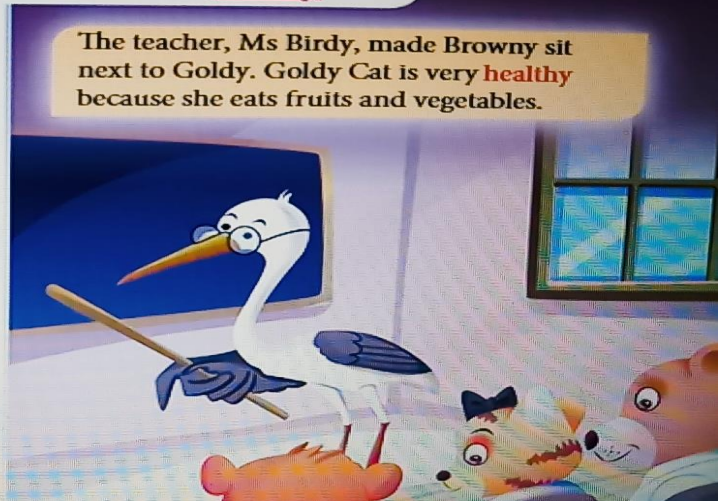


Read this story about a bear and how he learns to eat healthy.

Today Brownny Bear went to his new school.



The teacher, Ms Birdy, made Brownny sit next to Goldy. Goldy Cat is very healthy because she eats fruits and vegetables.



Brownny and Goldy became good friends.

Hello! Can we be friends?

Sure.



Brownny liked looking at Goldy Cat. He liked Goldy's soft and thick hair. There was a twinkle in Goldy's blue eyes.



At lunch time, Brownny did not eat his food. But Goldy enjoyed eating chapatis and green vegetables. After lunch, Goldy ate a red apple.



Do you eat such food every day?



Yes, yellow vegetables like carrot, pumpkin and corn make the eyes shine. Green vegetables like spinach, okra and cabbage make you strong. We stay healthy if we eat fruits every day.



I also drink milk twice a day.



Brownny understood the goodness of fruits and vegetables, and decided to eat them every day.

